



WEEK ONE	Lactose Free Autumn & Winter 2025-2026	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FAVOURITES
	Traditional Choice	Pork or Vegetarian Sausages with Crispy Potatoes & Baked Beans	Loaded Mild Beef or Vegetable Chilli Nachos with Mixed Rice & Salad Selection	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	British Beef or Vegetarian Burger in a Bun with Paprika Wedges, Sweetcorn & Tomato Ketchup	Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
	Alternative Choice	Pasta Twists & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Lactose Free Pizza Margherita with Oven Baked Chips Garden Peas or Baked Beans (v)
	Dessert	Vanilla Sponge & Soya Custard Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Marble Shortbread & Fruit Wedges Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Raspberry Bun Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Vanilla Cookie & Fruit Wedges Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Chocolate Brownie Cooks Choice of Jelly ~ Fruit Selection & Soya Milk
WEEK TWO		MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FAVOURITES
	Traditional Choice	Vegetarian Sausage Roll with Paprika Wedges & Garden Peas (v)	Crispy Chicken or Vegetable Goujons & Katsu Curry Sauce with Rainbow Vegetable Rice	Pork or Vegetarian Sausage with Mashed Potatoes, Seasonal Vegetables & Gravy	Spaghetti Bolognaise with Homemade Dough Balls & Salad Selection	Harry Ramsden's Crispy Battered Fish with Oven Baked Chips & Mushy Peas
	Alternative Choice	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Pasta Spirals & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Lactose Free Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Dessert	Soya Rice Pudding & Fruit Jam Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Chocolate Cookie & Fruit Wedges Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Cream Crackers & Fruit Jam Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Cocoa Krispie Cake Cooks Choice of Jelly ~ Fruit Selection & Soya Milk
WEEK THREE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FAVOURITES
	Traditional Choice	Pork & Carrot or Vegetarian Meatballs with Mild Chilli & Sweet Pepper Sauce Mixed Rice & Salad Selection	Savoury Mince with Mashed Potatoes Green Beans & Carrot Batons	Roast Chicken or Roast Quorn Fillet with Roast Potatoes, Seasonal Vegetables & Gravy	Cooks Choice of Chicken or Vegetarian Curry with Mixed Rice & Gluten Free Bread	Gluten Free Golden Crumb Fish Fingers with Oven Baked Chips Garden Peas or Baked Beans
	Alternative Choice	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Pasta Tubes & Tomato Sauce with Homemade Dough Balls & Salad Selection (v)	Cooks Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Vegetarian Sausage Roll with Paprika Potatoes Garden Peas or Baked Beans (v)	Lactose Free Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Dessert	Chocolate Sponge & Soya Custard Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Vanilla Shortbread & Fruit Wedges Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Oaty Flapjack Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Lemon Cookie & Fruit Wedges Cooks Choice of Jelly ~ Fruit Selection & Soya Milk	Cooks Choice of Cupcake Cooks Choice of Jelly ~ Fruit Selection & Soya Milk