



English Martyrs' Catholic Primary School



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Headteacher: Mrs. A. Howarth
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Tuesday 5th September 2023

Dear Parents and Guardians,

As always at the start of a new school year, we are currently updating records. As well as phone numbers, addresses and contact details which might have changed, health also changes.

You will find below a slip for you to complete and return ASAP regarding not only contact details but also any allergies your children may have. These are allergies diagnosed by a doctor or where you have a diagnosis pending and also food intolerances (Please note, we aren't talking about food dislikes here!).

Knowing this information is vital in school so that we know what your child can and cannot be exposed to or have and we appreciate your support in this. If your child has an allergy that requires medication to be kept for emergencies in school (including asthma inhalers), a meeting needs to take place with one of our Senior First Aiders and Mrs Howarth or Mrs Thomas, our SENDCos, so that your child's needs are met.

With allergies in mind and with the increase of children developing allergies to nuts, we are slowly introducing, as far as possible, a nut free dining hall. If possible, please could you send children in with a nut free packed lunch as many of our children, and staff, are allergic to nuts and products of nuts.

If you have any questions or concerns, please, as ever, do not hesitate to come and chat.

Many thanks for your continual support.

Annalisa Howarth
Headteacher

Child..... Class.....

New contact details:

Phone.....

Address.....

Known Allergies.....

Medication/action needed.....