

English Martyrs' Catholic Primary School
Curriculum Map for Physical Education



We ARE
Sports People!



Rounders

Athletics

Dance
Heroes &
Villains

Gymnastics

Team
Building
OAA

Hockey



Year 6

Swimming
Football

Orienteering

Dance
'Earthlings'

Gymnastics

Athletics

Bat & Ball sports



Year 5

Striking &
Fielding
Rounders

Outdoor &
Adventurous
Trust &
Trails

Athletics

Net & Wall
Games

Dance
'Superheroes'

Gymnastics

Invasion Games
Basketball



Year 4

Invasion
Games
Handball

Gymnastics

Dance
Rock & Roll

Teamwork &
Problem
Solving
OAA

Striking &
Fielding

Athletics



Year 3

Striking &
Fielding Games

Athletics

Net & Wall
Invasion
games

Gymnastics

Dance
'Explorers'

Bounceball



Year 2

Catching &
Bouncing a
Ball

Underarm
Throw
Games

Dance
'Toy Story'

Gymnastics

Fundamental Skills
& Gymnastics
Jack & the
Beanstalk

Athletics



Year 1

Athletics

Dance

Gymnastics

Gross motor
movements
FMS Mini
Beasts

Ball
Skills

Spatial
Awareness
Obstacle Courses

Reception



Nursery

Obstacle
Courses

Ball Skills

Moving in
different
ways

Gymnastics

Dance

Athletics

