



English Martyrs' Catholic Primary School ~ What to do if...A quick reference guide...

What to do if...	Action Needed...	Return to school when...
My child has Covid-19 symptoms: • HIGH TEMPERATURE – this means your child is HOT to touch on the chest or back • A NEW CONTINUOUS COUGH – this means coughing a lot more than an hour or 3 or more coughing episodes in 24 hours • A LOSS OR CHANGE TO SMELL OR TASTE – this means your child has noticed they cannot taste or smell anything, or they smell or taste very different to how they should	*** DO NOT COME TO SCHOOL *** Contact school to inform us GET A PCR TEST INFORM SCHOOL IMMEDIATELY ABOUT THE TEST RESULT	...The test comes back NEGATIVE
My child has tested positive for Covid-19	*** DO NOT COME TO SCHOOL *** Contact school to inform us Suggested PCR tests for WHOLE household Agree an earliest possible date of return (a MINIMUM of 10 days) *** If you or your child test positive for the new Omicron variant, ALL household members MUST isolate for 10 days ***	...They feel better. They can return to school after 10 days even if they have a cough or loss of taste/smell (These symptoms can last several weeks)
My child is waiting PCR results	*** If your child is under 18 years 6months old, they do not have to isolate*** However, we advise your child to remain at home until a negative result is received	...The test comes back NEGATIVE
My child tests negative for Covid-19	*** CONTACT SCHOOL *** Discuss when your child can come back to school	...The test comes back negative
My child is ill with symptoms not linked to Covid-19	FOLLOW USUAL SCHOOL ABSENCE PROCEDURE: Contact school office on first day of absence	...After 48 hours of the last bout of sickness/diarrhoea if this is the reason for absence ...When chickenpox spots 'scab' over
If in doubt, please contact school BY PHONE for advice		



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Someone in my household has Covid-19 symptoms	Contact school You do not need to self-isolate if... - You or your child is under 18 years and 6 months old - You have been double vaccinated - you're taking part or have taken part in a COVID-19 vaccine trial - you're not able to get vaccinated for medical reasons However... It is advised that HOUSEHOLD MEMBERS TO GET TESTED with a PCR test Agree an earliest possible date of return (a MINIMUM of 10 days) INFORM SCHOOL IMMEDIATELY OF TEST RESULTS *** If you or your child test positive for the new Omicron variant, ALL household members MUST isolate for 10 days ***	...The test comes back negative
Someone in my household tests positive for Covid-19	Contact school You do not need to self-isolate if... - You or your child is under 18 years and 6 months old - You have been double vaccinated - you're taking part or have taken part in a COVID-19 vaccine trial - you're not able to get vaccinated for medical reasons However... It is advised that HOUSEHOLD MEMBERS TO GET TESTED with a PCR test (even if they do not have symptoms) Agree an earliest possible date of return (a MINIMUM of 10 days) INFORM SCHOOL IMMEDIATELY OF TEST RESULTS *** If you or your child test positive for the new Omicron variant, ALL household members MUST isolate for 10 days ***	...After the child has a negative result on a PCR



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NHS Test & Trace has identified my child has been in close contact with someone with confirmed Covid-19	Contact school You do not need to self-isolate if... • You or your child is under 18 years and 6 months old • You have been double vaccinated • you're taking part or have taken part in a COVID-19 vaccine trial • you're not able to get vaccinated for medical reasons However... It is advised that HOUSEHOLD MEMBERS TO GET TESTED with a PCR test Agree an earliest possible date of return (a MINIMUM of 10 days) INFORM SCHOOL IMMEDIATELY OF TEST RESULTS *** If you or your child test positive for the new Omicron variant, ALL household members MUST isolate for 10 days ***	...After the child has a negative result on a PCR
We/my child has travelled and have to self-isolate as a period of quarantine	DO NOT TAKE UNAUTHORISED LEAVE IN TERM-TIME! Consider quarantine requirements, CHECK before you go If returning from a country where quarantine is needed: Agree an earliest date for possible return (minimum of 10 days) Self-isolate the whole family	...After the child has completed 10 days of quarantine
We have received medical advice that my child must resume shielding	*** DO NOT COME TO SCHOOL *** Contact school Shield until you are informed that restrictions are lifted and shielding is paused again	...School must inform you that restrictions have been lifted and your child can return to school (if as a result of a school based outbreak)
*** If in doubt, please contact school BY PHONE for advice ***		